
Recognizing Measurable Goals



Objective

- Participants will be able to identify the three parts of a measurable goal and label goals that are and are not measurable.
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Measurable Goal

- A measurable goal has three parts.
 - 1. Task
 - 2. Criteria
 - 3. Conditions
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A sample goal



- When presented with a written list of the 5th list of one hundred Dolch words, Sonny will read words aloud at a rate of 70 per minute with 90% accuracy.
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What is the...

- Task?
 - Criteria?
 - Conditions?
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Examples

- All the students will do better in handwriting.
 - Ann will score 90% on every math quiz during the third quarter of the school year.
 - I will exercise for 30 minutes 4 days per week, alternating aerobics and weight training at the gym for the next 90 days.
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Group Practice

- Is it measurable?
- Does it specify the task?
- Does it state criteria for mastery?
- Does it describe conditions?



Assignment

- Write 5 measurable goals:
 - 3 for your students and
 - 2 for yourself.
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